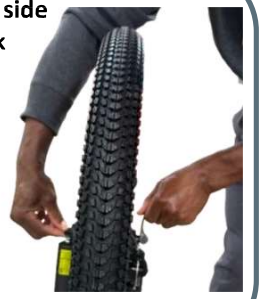
How to Remove Front Wheel

Flip over bike

Open quick release

Loosen nut side of the quick release



Do not remove the nut all the way

Pull out wheel

How to Install Front Wheel

Place wheel back in

Make sure the wheel is straight and in all the way in drop out and rotor is in between the brake caliper

Tighten the quick release nut

Test to make sure, that it is not too tight

Once quick release is tight close the quick release

Make sure the QR lever is facing up

Flip bike over

Make sure the wheel is not rubbing on the brake calipers

If there is rubbing make sure the wheel is all the way up and straight

How to Remove Rear Wheel

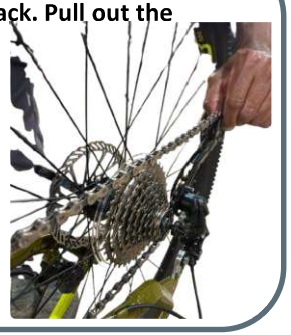
Make sure the rear is shifted to the smallest cog

Flip over bike

Open quick release

Do not loosen the nut

Pull the rear derailleur up and back. Pull out the wheel



How to Install Rear Wheel

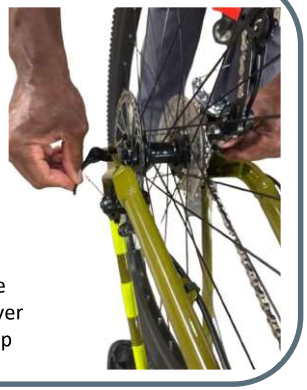
Pull up and back on the rear derailleur

Place the chain on the smallest cog of the cassette

Place wheel back up

Watch for the drop out, rear derailleur, and brake calipers

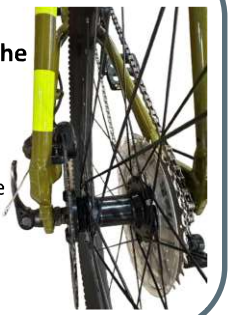
Close the quick release



Make sure the QR lever is facing up

Flip bike over

Make sure the wheel is not rubbing on the brakes



If there is rubbing make sure the wheel is all the way up and straight